



Excellect 209 (PTY) LTD Trading as

**NICORE**

**Training and Development**

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# **PERFORM BASIC LIFE SUPPORT AND FIRST AID PROCEDURES**

US 119567

NQF Level: 01

Credits: 5

## **COURSE OVERVIEW**



## **PURPOSE OF THE UNIT STANDARD**

This unit standard is for persons required to assess the emergency situation and providing basic Life Support and basic First Aid in order to stabilise patients prior to transfer to the emergency services.

People credited with this unit standard are able to:

- Demonstrate an understanding of emergency scene management
- Demonstrate an understanding of elementary anatomy and physiology
- Assess an emergency situation
- Apply First Aid procedures to the life-threatening situation
- Treat common injuries

## **Specific Outcomes and Assessment Criteria:**

### **SPECIFIC OUTCOME 1**

Demonstrate an understanding of emergency scene management.

#### **ASSESSMENT CRITERIA**

1. Maintenance of personal safety is explained in terms of preventing injuries to self and infectious diseases.
2. Methods of safeguarding the emergency scene are explained in accordance with relevant practices and legislation.
3. Methods of safeguarding the injured person are explained in accordance with relevant practices and legislation.
4. The medico-legal implications of rendering First Aid are explained in terms of relevant legislation.

### **SPECIFIC OUTCOME 2**

Demonstrate an understanding of elementary anatomy and physiology.

#### **ASSESSMENT CRITERIA**

1. The different systems of the human body are described in terms of their structure and function.
2. The manner in which the systems relate to each other is explained in accordance with basic medical science.
3. The way in which each system operates is explained in accordance with basic medical science.

### **SPECIFIC OUTCOME 3**

Assess an emergency situation.

#### **ASSESSMENT CRITERIA**

1. The emergency situation is assessed in terms of priority treatments.
2. The cause of the emergency is identified in terms of main contributing factors.
3. The type of injury is identified in terms of broad classifications.
4. The situation is assessed in terms of the type of assistance required.

### **SPECIFIC OUTCOME 4**

Apply First Aid procedures to the life-threatening situation.



### **ASSESSMENT CRITERIA**

1. First Aid treatment applied is appropriate to the situation and the prevention of complications.
2. Equipment that is not readily available is improvised in terms of the First Aid procedure required.
3. Universal precautions are taken which are appropriate in terms of preventing infection.
4. First Aid is applied in accordance with current practice.
5. Cardio-Pulmonary Resuscitation (CPR) and Artificial Respiration (AR) is performed in accordance with accepted procedures.
6. Referral to medical assistance is done in accordance with the specific needs of the casualty.

### **SPECIFIC OUTCOME 5**

Treat common injuries.

### **ASSESSMENT CRITERIA**

1. Different types of injuries and conditions are identified and described in terms of their severity, cause and possible treatment.
2. Universal precautions taken are appropriate in terms of preventing infection.
3. Equipment that is not readily available is improvised in terms of the First Aid procedure required.
4. Referral to medical assistance is in accordance with the specific needs of the casualty.
5. Follow-up care is provided in accordance with the specific needs of the casualty.